



Questions for around the table

Meaningful conversation with those close to us is a precious thing, but so often we miss it because we are too busy, too tired or quite simply don't know what to say.

Whether you're spending time with friends, family, or housemates, these 50 questions are sure to deepen your understanding of each other.

We recommend printing out the questions and placing them in a jar on your dinner table.

At meal times, take turns picking questions and sharing your answers. Remember, the foundation of a good conversation lies in attentive listening, so make an effort to truly hear what others have to say.

"Listening is a magnetic and strange thing, a creative force. The friends who listen to us are the ones we move toward. When we are listened to, it creates us, makes us unfold and expand."

- Karl A. Menninger

Next steps:

- 1. Print question cards (Choose the coloured or simplified black and white version.)
- 2. Cut out cards individually along the designated lines.
- 3. Find a suitable jar or container to house the cards.
- 4. Take turns allowing each person to draw out and answer a question.
- 5. Enjoy the meaningful discussions that emerge.
- 6. Feel free to add or adjust things to keep the conversation interresting.

Colour option						
If you could make one rule that everyone in the world had to follow, what rule would you make and why?	Why do you think your family/friends love you?	If you could have any animal as a pet, what would you pick?	Would you rather wear your shoes on the wrong feet or wear your pants backwards?	After loved ones and pets, what two items would you grab if your house was on fire?		
Questions for around the table	Questions for around the table	Questions for around the table	Questions for around the table	Questions for around the table		
What is something that makes your family/ friends special?	If you could be invisible for a day, what would you do?	Would you rather be the world's best skateboarder or surfer?	If you had to give all of your toys / favourite things away, who would you give them to?	What do you think your first job will be?/ Do you remember what you hoped your first job would be?		
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If you could make any food against the law, which one would it be?	Would you rather go to space or to the bottom of the ocean?	What is the best present you have been ever given? Why was it so special?	What is the best thing about your best friend?	If you were your teacher, what would you do differently in your classroom?		
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What does a perfect day look like for you?	If your family/friends were going to start a new weekly or monthly tradition, what do you think they should do?	Would you cheat on a test if you knew you wouldn't get caught? Why or why not?	What do you like better: going to bed or waking up?	Would you rather be bald or covered from head to toe in hair?		
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What's your favourite season?	What's something you look forward to all day?	If you could eat one food every day, what would it be?	What's your most embarrassing moment?	What do you want to be when you grow up?/ Do you remember what you wanted to be when you were young?		
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If you had one wish, what would it be?	If you were a superhero, what would your name be and what powers would you have?	What was your high of the day and your low of the day?	What is one of your best qualities?	If you could choose any way to spend a family night at home/night at home with friends, what would you do?		
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If you had a genie that could grant 3 wishes, what would you wish for?	What is your earliest memory?	What is the funniest face you can make?	If you could go on holiday anywhere in the world, where would you go?	Would you rather live in a country that was too hot all the time or freezing cold all the time?
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If you could read one person's mind, whose would it be?	What do you love about your home?	What's something you have to do every day, but don't like doing?	Would you rather learn every musical instrument or every language?	If you could be one character from a book for a day, who would it be and why?
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What two things do you consider yourself to be very good at?	What did you do to help someone else today?	Would you rather travel back in time or travel into the future?	If you could meet anyone from history, who would you want to meet?	If you could invent something, what would it be? What would your invention do?
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What is the weirdest dream you've ever had?	If you were to be famous, what would you like to be famous for?	What is your favourite book?	What is something you are scared of?	Who is someone in your life you are grateful for, and why?
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